

SANGCOM

Charity Half Marathon and Fun Run

– Major Pete Stoddart



The SANGCOM Project Team, a combined British Army and Civil Service team based in Riyadh, conducted their Second Charity Half Marathon and Fun Run at Salwa Village Compound, 45 km North East of Riyadh on Friday 6th February. This year the race took place to support two charities. The Disabled Children's Association – a Saudi Arabian charity which seeks to assist the rehabilitation of disabled children to enable them to be independent and Help for Heroes – a UK charity which supports wounded servicemen and women who have been injured on operations.

Following a number of months of planning; registration opened at 8:00 AM and following the race briefing at 9:40 165 runners moved to the start line for the start at 10:00AM, initiated by Air Vice Marshall Peter Ruddock Director General of the MoD Air Team on an air horn.

The Fun run, which was one lap of the compound, was 3.7 kms in length, with the Half Marathon runners completing six laps for a total of 21.1 kms.

The weather was perfect for running with 19 degrees, overcast and with a pleasant cooling breeze, which assisted the runners. The two water stations, using the water donated by the Al Manhal Water Company, were kept busy helping keep the runners cool and hydrated.

