

BDC

Since the Last RGBB Newsletter, there have been some encouraging and significant developments regarding the SIGs and these are as follows:-

On Saturday 4th March we held a limited BDC meeting with just the Healthcare (HC) and Security SIGs to get these two up and actively running.



Chris Maybury
BDC Chairman

Jim Mann has now got his knees well under the table with Security and has come up with some fresh, original ideas to take the SIG forward to better things. We now see this SIG becoming one of the key tools for the benefit of the whole RGBB membership regarding this vital and topical part of our lives in Riyadh.

Jim introduced Peter Hurry, who has now officially taken up the role of deputy leader of the Security SIG. See elsewhere in this edition of the Newsletter for Jim's report, ideas and innovative proposals.

Philipa Kirkpatrick, a high profile contributor to this publication, is heading up the HC SIG but has reported a relatively slow response from her appeals for membership support.

The meeting reviewed some interesting and construc-

tive proposals with the view to generate a more active participation of members in the respective SIGs.

We concluded that, with board approval, a questionnaire should be drawn up. This was presented to the paid-up members at the AGM, held on Saturday 29th April.

The questionnaire was simple and was designed to give you all a chance to express your personal opinions on some new proposals.

A meeting of the Financial Services SIG, headed up by Simon Blackledge, has been planned for Sunday 14th May.

Our External Relations representative, Nigel Astbury, has organised some excellent events, by way of the special briefings, this year. These are always a good opportunity for members to locate and make themselves known to the respective SIG heads, so please come forward and get to know a few more like-minded members and maximize your membership benefits.

CPR COURSES FOR RGBB MEMBERS

The King Faisal Specialist Hospital & Research Center, Riyadh, offers two courses on Cardio Pulmonary Resuscitation both to their own staff and to members of the general public.

The first course "BLS Provider - BLS" (Basic Life Support) is really for Healthcare providers and is related to their actual patient's care.

The second course "CCPR / CPR for Family and Friends. "CCPR" is for Community Cardio Pulmonary Resuscitation. This is the sort of course that could be of interest and immense benefit to all of us, as individuals at home, in the workplace, on the street and even the golf course.

The CCPR course will have a similar layout to the professional BLS course, except that there is no written exam or practical test of competence. Each participant successfully completing to course will receive a Certificate of Attendance. The course

teaches CPR, Foreign Body Airway Object (FBAO) and Automatic External Defibrillator (AED) hands-on practice skills. Teaching materials include the American Heart Foundation CPR for Family and Friends manual.

The courses are half-day sessions at a fee of SR200.00 per applicant, plus an extra SR 50.00 for the manual.

Courses are held Saturdays through Wednesdays but Thursdays can be accommodated at a surcharged per group, to cover staff overtime. However, a six-week lead time is required for dedicated group courses and groups must be between 10 and 16 persons.

This is all very good value for such an important benefit. Members wishing to find out more about this low cost, opportunity can contact me in the first instance. I will coordinate responses with the KFSHRC

WATCH
THIS SPACE
IN THE NEXT
EDITION



ONE OF THESE
COULD BE YOURS
FOR ONLY SR100